

## Trepolpen Seythin 2022

Place	Bib	Name	AG	Club	ChipTime	GunTime
1	88	Tim van Berkel	Male 35-39	Truro Running Club	0:41:07	0:41:07
2	3	Alex Marples	Male 40-44	Truro Running Club	0:41:21	0:41:21
3	84	Dave Hannah	Male 35-39	East Cornwall Harriers	0:42:32	0:42:33
4	92	Adrian Ball	Male 55-59	Cornwall AC	0:43:04	0:43:05
5	35	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:43:32	0:43:33
6	89	Robert Chirgwin	Male Under 35	Truro Running Club	0:46:57	0:46:58
7	117	Simon Parry	Male 50-54		0:47:15	0:47:17
8	105	James Turner	Male 40-44	Truro Running Club	0:47:27	0:47:29
9	67	Jo Temple	Female Under 35	Truro Running Club	0:47:35	0:47:36
10	100	Ben Harding	Male 40-44	East Cornwall Harriers	0:47:58	0:47:59
11	103	Lucy Williams	Female 35-39	Truro Running Club	0:48:14	0:48:16
12	6	Robin Watson	Male 55-59	Falmouth Road Runners	0:48:22	0:48:23
13	121	Matthew Grzenda	Male 45-49		0:48:35	0:48:36
14	85	Richard Chynoweth	Male 40-44	Truro Running Club	0:48:49	0:48:51
15	73	Mike Dowrick	Male 45-49	Cornwall AC	0:48:55	0:48:56
16	53	Ian Temple	Male 55-59	Bodmin Road Runners	0:48:55	0:48:58
17	107	Rebecca Morgan	Female 40-44	Truro Running Club	0:49:04	0:49:06
18	41	Matt Davies	Male 35-39	East Cornwall Harriers	0:49:09	0:49:11
19	7	Jon Eldon	Male 60-64	Hayle Runners	0:49:10	0:49:12
20	51	Sharon Daw	Female 55-59	East Cornwall Harriers	0:49:15	0:49:17
21	102	Colin Bathe	Male 50-54	Truro Running Club	0:50:24	0:50:24
22	77	Revis Crowle	Female 60-64	East Cornwall Harriers	0:50:26	0:50:29
23	106	Victoria Jackson	Female 50-54	Truro Running Club	0:51:19	0:51:20
24	115	Helen Morse	Female 35-39	East Cornwall Harriers	0:51:38	0:51:40
25	27	Hannah Matthews	Female 35-39	East Cornwall Harriers	0:51:48	0:51:49
26	70	Iain Walker	Male 65-69	St Austell Running Club	0:51:52	0:51:55
27	15	Andrew James	Male 40-44	Hayle Runners	0:52:05	0:52:08
28	95	Ian Gronwalt	Male 55-59		0:52:09	0:52:12
29	81	David Philp	Male 60-64	East Cornwall Harriers	0:52:27	0:52:29
30	25	David Simpson	Male 60-64		0:52:38	0:52:41
31	24	Laura Pool	Female 40-44	Truro Running Club	0:52:46	0:52:48
32	119	Ollie Lee	Male 40-44		0:54:16	0:54:20
33	47	Chris Parker	Male 50-54	Falmouth Road Runners	0:54:32	0:54:35
34	54	Alison Temple	Female 55-59	Bodmin Road Runners	0:54:48	0:54:51
35	1	Peter Allen	Male 60-64	Newquay Road Runners	0:55:14	0:55:17
36	118	Gregory May	Male 40-44	Carn Runners	0:55:30	0:55:37
37	111	Grahame Mace	Male 45-49	Looe Pioneers Running Cl	0:55:35	0:55:41
38	43	Susanne Wood	Female 40-44	Cornwall AC	0:55:58	0:56:02
39	58	Lynsey Williams	Female 50-54	Plymouth Harriers	0:56:11	0:56:16
40	17	Hayley Stacey	Female 40-44	East Cornwall Harriers	0:57:14	0:57:16
41	36	Peter McAughey	Male 50-54	Launceston Road Runners	0:57:18	0:57:21
42	72	Andrew Ferguson	Male 55-59	Truro Running Club	0:57:29	0:57:32
43	109	Dave Cudby	Male 40-44	Truro Running Club	0:57:32	0:57:33
44	71	Jon Bottrell	Male 50-54		0:59:01	0:59:08
45	66	Thomas Moore	Male 40-44	Truro Running Club	0:59:20	0:59:24
46	13	David Wilcox	Male 45-49	Truro Running Club	0:59:23	0:59:28
47	22	Thomas Naylor	Male Under 35		0:59:50	0:59:54

48	110	Sharon Broad	Female 35-39		0:59:55	0:59:59
49	62	Andrew Sims	Male 55-59	East Cornwall Harriers	1:00:06	1:00:10
50	116	Mike Waldock	Male 60-64		1:00:24	1:00:28
51	86	Miranda Flannigan	Female 50-54	Cornwall AC	1:00:40	1:00:44
52	108	Donal Breen	Male 50-54	Truro Running Club	1:00:54	1:00:59
53	112	Louisa Chisholm	Female 40-44	Looe Pioneers Running Cl	1:01:02	1:01:07
54	49	Alison Weir	Female 50-54	Falmouth Road Runners	1:02:13	1:02:17
55	68	Amanda Newton	Female 45-49		1:02:16	1:02:25
56	69	Rebecca Tucker	Female 40-44		1:02:17	1:02:26
57	20	Clive Davis	Male 60-64		1:02:24	1:02:30
58	31	Jackie Cope	Female 65-69	MudCrew Running	1:03:03	1:03:10
59	74	Kirsten Kramers	Female Under 35		1:03:34	1:03:40
60	46	Karen Parker	Female 50-54	Falmouth Road Runners	1:03:59	1:04:02
61	78	Jane Stedman	Female 55-59	100 Marathon Club	1:03:59	1:04:03
62	16	Hannah Mackay	Female Under 35		1:04:25	1:04:31
63	5	Dave Pickard	Male 60-64	Launceston Road Runners	1:05:00	1:05:07
64	4	Linda Pickard	Female 55-59	Launceston Road Runners	1:05:01	1:05:08
65	83	Michael Mehta	Male 60-64		1:05:06	1:05:13
66	90	Helen Collett	Female 60-64	Hart Road Runners	1:05:39	1:05:46
67	61	Debbie Bindon	Female Under 35		1:06:37	1:06:44
68	60	Ruth Matthews	Female Under 35		1:06:36	1:06:44
69	82	Steve Tregidgo	Male 40-44	St Austell Running Club	1:06:44	1:06:51
70	98	Jan Davies	Female 50-54		1:06:51	1:07:01
71	8	Robert Willcocks	Male 60-64	Falmouth Road Runners	1:07:26	1:07:31
72	28	James Danks	Male 40-44	Falmouth Road Runners	1:08:18	1:08:24
73	29	Ian Ringer	Male 75-79	Bodmin Road Runners	1:08:39	1:08:43
74	23	John Tilley	Male 70-74	Bodmin Road Runners	1:09:26	1:09:33
75	52	Claire Barlow	Female 45-49	Bodmin Road Runners	1:09:39	1:09:44
76	21	Rachael Gallagher	Female Under 35	Hayle Runners	1:10:26	1:10:31
77	26	Holly Payne	Female 40-44		1:11:02	1:11:06
78	19	Emma Lawry	Female 45-49	St Austell Running Club	1:11:15	1:11:23
79	18	Rebecca Shore	Female 50-54	St Austell Running Club	1:11:41	1:11:49
80	32	Jane Naylor	Female 60-64	Hayle Runners	1:15:30	1:15:36
81	33	Susan Thomas	Female 45-49	Hayle Runners	1:17:52	1:18:01
82	45	Kathy Saunders	Female 65-69	Looe Pioneers Running Cl	1:17:59	1:18:06
83	97	Kelly Prutton	Female 35-39	Looe Pioneers Running Cl	1:18:26	1:18:32
84	96	Julie Bolitho	Female 55-59	Hayle Runners	1:18:28	1:18:36
85	114	Sian Jones	Female 35-39		1:22:38	1:22:48
86	113	Derek Blackford	Male 50-54	Maverick Runners	1:22:37	1:22:49
87	80	Yvonne Matthews	Female 55-59		1:24:05	1:24:12
88	76	Melissa Tonkin	Female Under 35	Hayle Runners	1:24:35	1:24:45
89	34	Amanda Miller	Female 50-54	Hayle Runners	1:24:36	1:24:45
90	44	Clare Redgers	Female 45-49	Hayle Runners	1:24:37	1:24:46
91	79	Kathryn Thomas	Female 45-49	Cornwall AC	1:32:40	1:32:47
92	12	Adrian Bolt	Male 55-59	Truro Running Club	1:35:43	1:35:50