

Race Diary 2022

Race	Class and distance	Date	Club	GP/MTRS
Storm Force 10	10 mile Road	Sunday January 23rd	CR	GP1
The Arc of Attrition	100 mile Coast Path	Friday January 28th	MudCrew	
Newquay 10k	10K Road	Sunday February 6th	NRR	GP2
Westward League - Redruth	Cross-country	Sunday February 13th		
Looe 10	10 mile Road	Sunday February 27th	LP	GP3
Westward League - Plymouth	Cross-country	Sunday February 27th		
Cousin Jack Classic	18 miles	Saturday March 5th	Bys Vyken	
Duchy 20	20 miles Road	Sunday March 6th		
Falmouth Half Marathon	13.1 mile	Sunday March 13th	FRR	GP4
Trepolpen Seythin 10k	10K MT	Saturday March 26th	ECH	MTRS 3
KVK	+/-1000m elevation	Sunday April 3rd	Freedom Racing	
An Resek Hellys	10 mile MT	Sunday April 10th	CR/Tri	GP5
The Bodmin Beast	26.2 miles MT	Sunday April 24th		
Trevornick 10K	10K MT	Sunday May 1st	NRR	GP6
Summer Sessions - Godrevy	10K	Wednesday May 11th	Freedom Racing	
IMERYYS Half & Marathon	13.1 & 26.2 mile MT	Sunday May 15th	STA	MTRS 4
Classic Quarter	44 miles (solo/ relay)	Saturday May 21st	Endurance Life	
Summer Sessions	10K	Friday June 10th	Freedom Racing	
Bude Lifeboat Run	6 mile MT	Wednesday June 15th	BR	MTRS 5
Sticker 5	5 mile Road	Saturday June 18th		GP7
Meet Your Max	7 mile MT	Wednesday June 22nd	TRC	MTRS 6
The Smuggler's Scuttler	13.2 miles	Sunday June 26th	Bys Vyken	
Boconnoc 5	5 mile MT	Tuesday June 28th	STA	MTRS 7
Serpent's Trail	10/20/50/100K MT	Saturday July 2nd		
Magnificent 7	7 Mile Road	Sunday July 3rd	TT	GP8

Summer Turkey Trot	4 mile Road	Wednesday July 6th	CAC	GP9
R.A.T. Ultra & Trail Race 2022	64/32/20/11 mile MT	Saturday July 16th	MudCrew	
Tywardreath Trotter	7 mile MT	Saturday July 30th		MTRS 1
Indian Queens Half Marathon	13.1 mile MT	Sunday August 7th	NRR	GP10
St. Levan	10K	Friday August 12th		
Summer Sessions - Godolphin	10K	Friday August 19th	Freedom Racing	
Treggy 7	7 mile Road	Sunday September 4th	LRR	GP11
Bude Pirate Run	8 mile MT	Sunday September 11th	BR	MTRS 2
Truro Half Marathon	13.1 mile MT	Sunday September 18th	TRC	GP12
Run Mawnan	5K and 10K	Sunday September 25th	Falmouth Rotary	
Summer Sessions - Poldhu	10K	Sunday October 2nd	Freedom Racing	
Tywarnhayle 10K	10K MT	Sunday October 9th	TRC	MTRS 3
Eden Project Marathon & Half Mara	13.1 & 26.2 mile MT	Sunday October 16th	STA	
Cornish Marathon	26.2mile Road	Sunday November 6th	ECH	GP13
Cornish Mob Match and GP Presen	5 mile Road	Sunday November 27th	FRR	

Grand Prix Races

Multi-terrain Race Series