

BODMIN HALF MARATHON ñ 16TH FGE2020

Position	Time	Name	Team	Category	Pace	No
1	1:24:27	ALLCHIN, Jim	Kent AC	Male under 35	06:26.7	6
2	1:26:11	ANGELL, Dave	Mile High	Male Vet 35-39	06:34.6	13
3	1:27:53	KIRTON, James	Truro Running Club	Male under 35	06:42.4	181
4	1:28:00	MARPLES, Alex	Truro Running Club	Male Vet 40-44	06:42.9	203
5	1:28:17	STACEY, Doug	East Cornwall Harriers	Male Vet 40-44	06:44.2	326
6	1:28:26	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	06:44.9	73
7	1:30:46	TREGONNING, David	St Austell Running Club	Male under 35	06:55.6	350
8	1:30:56	HUGHES, Llyr	Stockport Tri Club	Male Vet 40-44	06:56.4	158
9	1:31:08	MURPHY, Carl	Mile High	Male Vet 40-44	06:57.3	229
10	1:32:41	WARD, Alan	South West Road Runner	Male Vet 35-39	07:04.4	369
11	1:33:44	ROPER, James		Male under 35	07:09.2	291
12	1:34:03	HOWES, Dan	PB Running Club	Male Vet 40-44	07:10.6	156
13	1:34:54	RICHES, Robin		Male Vet 40-44	07:14.5	283
14	1:35:59	CRETCH, Jeff		Male Vet 45-49	07:19.5	71
15	1:36:13	SAWFORD, Paul	Carn Runners	Male Vet 50-54	07:20.6	217
16	1:36:22	NORRIS, Peter	Newquay Road Runners	Male Vet 55-59	07:21.2	236
17	1:36:36	WILLIAMS, Stephen	St Austell Running Club	Male Vet 35-39	07:22.3	385
18	1:36:49	DAVIS, Andy	Newquay Road Runners	Male Vet 55-59	07:23.3	83
19	1:37:34	STRACHAN, Steven	Storm Running Plymouth	Male Vet 45-49	07:26.7	334
20	1:37:35	LUTEY, Nigel		Male Vet 35-39	07:26.8	196
21	1:37:39	BROWN, Jeremy	Bude Rats	Male Vet 45-49	07:27.1	53
22	1:37:42	STANDING, Rob	Truro Running Club	Male Vet 45-49	07:27.3	328
23	1:38:35	VINNICOMBE, Jason	Carn Runners	Male Vet 45-49	07:31.4	364
24	1:38:54	KEY, Andrew	Carn Runners	Male under 35	07:32.8	180
25	1:38:58	FENLON, Mark		Male Vet 45-49	07:33.1	112
26	1:39:07	BENTHAM, Harvey		Male under 35	07:33.8	33
27	1:39:08	TWIGGS, Tim	Mounts Bay Harriers	Male Vet 50-54	07:33.9	356
28	1:39:19	AMY, Martin		Male Vet 35-39	07:34.8	10
29	1:39:45	ANNEAR, Chris	Vegan Runners	Male under 35	07:36.7	14
30	1:39:46	HALL, Craig	Carn Runners	Male Vet 45-49	07:36.8	132
31	1:39:57	HUGHES, Joe		Male under 35	07:37.7	157
32	1:41:02	YOULDEN, Jamie	St Austell Running Club	Male Vet 40-44	07:42.6	400
33	1:41:17	ROWE, Tim		Male Vet 40-44	07:43.8	293
34	1:41:36	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	07:45.2	176
35	1:41:39	EINCHCOMB, Nicholas	South West Road Runner	Male Vet 55-59	07:45.4	103
36	1:42:40	MENEER, Adam		Male Vet 50-54	07:50.1	218
37	1:42:52	POOL, Oliver	Truro Running Club	Male Vet 40-44	07:51.0	272
38	1:44:22	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	07:57.9	136
39	1:44:32	CROSSMAN, Jason	East Cornwall Harriers	Male Vet 40-44	07:58.6	77
40	1:44:50	GILES, Nick		Male Vet 35-39	08:00.0	122
41	1:45:22	TAYLOR, David		Male Vet 35-39	08:02.5	340
42	1:45:23	DALEY, Steven	Beckingham RC	Male Vet 55-59	08:02.5	79
43	1:45:28	WALLIS, Jamie	Lonely Goats RC	Male Vet 35-39	08:02.9	367
44	1:45:49	BAKER, James		Male Vet 40-44	08:04.5	25
45	1:45:54	STYLES, Tim		Male Vet 40-44	08:04.9	335
46	1:46:19	DUNNE, Damian	Plymouth Musketeers	Male Vet 45-49	08:06.8	99
47	1:46:38	ARNOLD, Lee		Male Vet 40-44	08:08.3	20
48	1:47:03	DAY, Chris		Male Vet 35-39	08:10.2	204
49	1:47:25	BRODEY, Peter	Manchester Frontrunners	Male under 35	08:11.8	50
50	1:47:51	VOWDEN, Nathaniel		Male under 35	08:13.8	365
51	1:47:58	RALPHS, Ryan		Male under 35	08:14.4	278
52	1:48:04	WATSON, Robin	Falmouth Road Runners	Male Vet 55-59	08:14.8	373
53	1:48:13	HARRIES, Matt	Tamar Trotters	Male under 35	08:15.5	138
54	1:48:22	FORD, Owen		Male under 35	08:16.2	313
55	1:48:33	STARKEY, Debbie	St Austell Running Club	Female Vet 45-	08:17.0	330
56	1:48:38	SKEPLORN, James	Truro Running Club	Male Vet 35-39	08:17.4	315
57	1:48:50	CHASE, Andy	St Austell Running Club	Male under 35	08:18.3	67
58	1:48:54	ENGLEDEW, David	Erme Valley Harriers	Male Vet 60-64	08:18.6	107
59	1:49:03	MORGAN, Rebecca	Truro Running Club	Female Vet 40-	08:19.3	224
60	1:49:14	YELLAND, John		Male Vet 40-44	08:20.2	398

61	1:49:30	REARDEN, Samuel		Male under 35	08:21.4	281
62	1:49:39	CHIRGWIN, Rob	Truro Running Club	Male under 35	08:22.1	82
63	1:49:46	TRICE, Ian	East Cornwall Harriers	Male Vet 45-49	08:22.6	353
64	1:49:56	DUBARE, Ervin	St Austell Running Club	Male Vet 35-39	08:23.4	98
65	1:50:05	MANNERS, Melodie	Hayle Runners	Female under 35	08:24.1	201
66	1:50:07	ALDIS, Phil	Bude Rats	Male Vet 55-59	08:24.2	5
67	1:50:22	ATKINS, Phil	Redway Runners	Male Vet 50-54	08:25.4	23
68	1:50:42	STALLARD, Andy	Truro Running Club	Male Vet 55-59	08:26.9	327
69	1:50:55	GRAYSON, Paul		Male Vet 55-59	08:27.9	128
70	1:51:03	JOHNS, Chris		Male Vet 50-54	08:28.5	171
71	1:51:06	ATKINSON, Dulcie		Female under 35	08:28.7	24
72	1:51:09	KING, Russell	Falmouth Road Runners	Male Vet 35-39	08:28.9	183
73	1:51:19	MEDHURST, Jim	Bere Alston Trekkers	Male Vet 40-44	08:29.7	215
74	1:51:22	HARRIS, Claire		Female Vet 35-	08:29.9	344
75	1:51:49	WATTS, Graham		Male Vet 55-59	08:32.0	374
76	1:52:00	LAURIE, Andrew	Falmouth Road Runners	Male Vet 55-59	08:32.8	190
77	1:52:12	MARKS, Stacie	St Austell Running Club	Female under 35	08:33.7	202
78	1:52:14	ORKE, Helen	Tavistock AC	Female Vet 45-	08:33.9	240
79	1:52:20	SCOTT, Mike	Truro Running Club	Male Vet 55-59	08:34.4	310
80	1:52:41	BARTLETT, Hal		Male under 35	08:36.0	29
81	1:52:43	MOUNTFORD, Frazer	Newquay Road Runners	Male Vet 35-39	08:36.1	227
82	1:52:49	FOY, David	Falmouth Road Runners	Male Vet 45-49	08:36.6	116
83	1:52:53	MENSING, Claire	Truro Running Club	Female Vet 45-	08:36.9	220
84	1:53:01	WALDRON, Ison	Vegan Runners	Female Vet 45-	08:37.5	366
85	1:53:44	HOSKEN, Richard		Male Vet 40-44	08:40.8	153
86	1:53:51	ASH, Graeme	Vegan Runners	Male Vet 50-54	08:41.3	21
87	1:53:55	ROBINSON, Nicola		Female under 35	08:41.6	288
88	1:53:59	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-	08:41.9	70
89	1:54:06	GATES, Ashley	St Austell Running Club	Male under 35	08:42.4	120
90	1:54:14	REA, Paul		Male Vet 50-54	08:43.1	279
91	1:54:17	GIBBONS, Stuart		Male Vet 55-59	08:43.3	121
92	1:54:19	HELSON, Neil		Male Vet 45-49	08:43.4	145
93	1:54:29	NASH, Jenny	East Cornwall Harriers	Female Vet 55-	08:44.2	233
94	1:54:45	MANTHORP, James		Male under 35	08:45.4	68
95	1:55:03	KARVINEN, Anne		Female under 35	08:46.8	174
96	1:55:12	PHILLIPS, Barrie		Male Vet 40-44	08:47.5	265
97	1:55:13	MASKELL, Anne	Truro Running Club	Female Vet 55-	08:47.6	207
98	1:55:16	TRICE, Soozie	Tavistock AC	Female Vet 40-	08:47.8	352
99	1:55:25	PHILP, Damian	Bodmin Road Runners	Male Vet 35-39	08:48.5	266
100	1:55:31	PEGLER, Matt	Somer AC	Male Vet 40-44	08:48.9	257
101	1:55:55	SAVAGE, Jon	Hayle Runners	Male under 35	08:50.8	307
102	1:55:55	ROSS, Andrew	Bodmin Road Runners	Male Vet 55-59	08:50.8	292
103	1:56:30	NEWCOMBE, Michael	Torrington AAC	Male Vet 45-49	08:53.4	394
104	1:56:34	ALLEN, Marc		Male Vet 35-39	08:53.7	8
105	1:56:37	DIXON, John		Male Vet 45-49	08:54.0	69
106	1:56:40	SPROULL, John		Male Vet 45-49	08:54.2	325
107	1:56:56	WHERRY, Alan	St Austell Running Club	Male Vet 55-59	08:55.4	379
108	1:57:00	TRUDGEON, Paul		Male Vet 35-39	08:55.7	354
109	1:57:03	BENJAMIN, Sarah	Tri Logic Cornwall	Female Vet 35-	08:56.0	32
110	1:57:05	BROOKS, Joe	Tamar Trotters	Male Vet 45-49	08:56.1	51
111	1:57:07	BRYANT, Jenny	Tavistock AC	Female Vet 50-	08:56.3	289
112	1:57:07	ANTHONY, Chris	Bere Alston Trekkers	Male Vet 40-44	08:56.3	18
113	1:57:09	KLIMCZAK, Marcin		Male Vet 40-44	08:56.4	184
114	1:57:38	LANGFORD, Gemma		Female Vet 40-	08:58.6	189
115	1:57:55	BONNER, Scott		Male under 35	08:59.9	42
116	1:57:56	BOARDMAN, Antony	Bodmin Road Runners	Male Vet 45-49	09:00.0	38
117	1:58:34	TREBILCOCK, Mike		Male Vet 40-44	09:02.9	346
118	1:58:42	KEVERNE, Ben		Male Vet 35-39	09:03.5	179
119	1:58:34	ROWE, Megan		Female under 35	09:02.9	296
120	1:58:53	WARREN, Andrew	Totton RC	Male Vet 35-39	09:04.4	370
121	1:58:56	BUSCOMBE, Ross	St Austell Running Club	Male under 35	09:04.6	63
122	1:59:06	ENGLEDEW, Alison	Erme Valley Harriers	Female Vet 60-	09:05.3	106
123	1:59:12	PINFIELD, Jacob		Male under 35	09:05.8	268

124	1:59:20	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-	09:06.4	168
125	1:59:22	WOOD, Simon		Male Vet 40-44	09:06.6	393
126	1:59:32	JENKINS, Katy	Truro Running Club	Female Vet 40-	09:07.3	169
127	1:59:34	DAVEY, Robert		Male under 35	09:07.5	80
128	2:00:28	LEA, Adrian		Male Vet 50-54	09:11.6	342
129	2:00:28	TREBILCOCK, Liz	Truro Running Club	Female Vet 55-	09:11.6	345
130	2:00:43	PRITCHARD, James		Male Vet 45-49	09:12.7	274
131	2:00:46	OXBOROUGH, Tracey	Tavistock AC	Female Vet 55-	09:13.0	152
132	2:01:00	SPARROW, Lucy		Female Vet 50-	09:14.0	319
133	2:01:04	FINNIMORE, Clive	Looe Pioneers	Male Vet 40-44	09:14.4	113
134	2:01:22	CARBERRY, Holly		Female under 35	09:15.7	65
135	2:01:32	WILLIAMS, Lucy	Truro Running Club	Female under 35	09:16.5	387
136	2:02:29	SALTER, Maggie	Bristol & West	Female Vet 55-	09:20.8	301
137	2:02:36	JACKSON, Victoria	Truro Running Club	Female Vet 50-	09:21.4	166
138	2:02:39	WEAVING, Nick	Wells City Harriers	Male Vet 50-54	09:21.6	375
139	2:02:56	ANDREWS, Tom	Bridgend	Male Vet 50-54	09:22.9	12
140	2:03:11	LEE, Tim	Lonely Goats RC	Male Vet 45-49	09:24.0	193
141	2:03:24	MAIDWELL-SMITH, Mark	Truro Running Club	Male Vet 60-64	09:25.0	199
142	2:03:31	TAPSELL, Jo	Bodmin Womens RC	Female Vet 45-	09:25.6	338
143	2:03:39	BREYER, Russel	Ipswich Triathlon Club	Male Vet 55-59	09:26.2	47
144	2:03:41	HUTCHINSON, Stephen	Bude Rats	Male Vet 65-69	09:26.3	162
145	2:03:42	HARRIS, Lynne		Female Vet 65-	09:26.4	139
146	2:04:04	SZUTKO, Mirosława		Female Vet 35-	09:28.1	336
147	2:04:06	BLAKE, Richard		Male Vet 55-59	09:28.2	37
148	2:04:19	PHILLIPS, Matt	St Austell Running Club	Male Vet 55-59	09:29.2	264
149	2:04:30	WILLISON, Tina	Slinn Allstars	Female Vet 50-	09:30.1	389
150	2:04:41	BOSWELL, Guy		Male Vet 55-59	09:30.9	44
151	2:04:50	READWIN, Mitchell	Sarn Helen	Male Vet 35-39	09:31.6	280
152	2:04:56	SARGENT, Kelly	Launceston Road Runners	Female Vet 40-	09:32.1	304
153	2:04:57	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	09:32.1	7
154	2:04:59	CRABB, Sally	Looe Pioneers	Female Vet 40-	09:32.3	75
155	2:05:13	MACE, Grahame		Male Vet 45-49	09:33.4	197
156	2:05:15	POOL, Laura	Truro Running Club	Female Vet 35-	09:33.5	273
157	2:05:19	NOTTLE, Christopher	East Cornwall Harriers	Male under 35	09:33.8	238
158	2:05:22	MAY, Greg	Carn Runners	Male Vet 35-39	09:34.0	211
159	2:05:30	BATEMAN, Jonathan	Road Runners Club	Male Vet 70-74	09:34.7	31
160	2:05:33	MOORE, Jane	St Austell Running Club	Female Vet 55-	09:34.9	222
161	2:05:39	BROWN, David		Male Vet 50-54	09:35.3	54
162	2:05:43	NCUBE, Xoli		Male under 35	09:35.6	234
163	2:05:46	HAWKES, Simon	Clevedon AC	Male Vet 60-64	09:35.9	142
164	2:05:47	MIDDLEL, Stuart	Slinn Allstars	Male Vet 50-54	09:35.9	221
165	2:05:56	TREVASKIS, David		Male Vet 40-44	09:36.6	351
166	2:05:57	ANDREWS, Helen	Bridgend	Male Vet 45-49	09:36.7	11
167	2:06:00	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 55-59	09:36.9	131
168	2:06:05	STEPHENS, Jane	PB Running Club	Female Vet 50-	09:37.3	331
169	2:06:18	TREGIDGO, Steve	St Austell Running Club	Male Vet 40-44	09:38.3	349
170	2:06:27	ROGERS, Ben	Bude Rats	Male Vet 35-39	09:39.0	290
171	2:07:08	PARNHAM, Imogen	Truro Running Club	Female under 35	09:42.1	248
172	2:07:33	ADDERLEY, Philip	Erme Valley Harriers	Male Vet 40-44	09:44.0	1
173	2:07:37	FRANCEY, Lisa	Lonely Goats RC	Female under 35	09:44.3	177
174	2:07:48	BILAS, Darrell		Male Vet 35-39	09:45.2	34
175	2:07:51	PECK, Cris	Tamar Trotters	Male Vet 55-59	09:45.4	254
176	2:07:54	ARGUE, Tanya	Bere Alston Trekkers	Female Vet 45-	09:45.6	19
177	2:08:05	WILLIAMS, Lee		Male Vet 45-49	09:46.5	386
178	2:09:04	DOWLING, Simon	Bude Rats	Male Vet 45-49	09:51.0	91
179	2:09:21	SPEAR, Mark		Male Vet 55-59	09:52.3	321
180	2:09:38	DAW, Sharon	East Cornwall Harriers	Female Vet 50-	09:53.6	84
181	2:09:55	PEARCE, Simon		Male Vet 35-39	09:54.9	252
182	2:10:13	MYFORD, Sarah	Newquay Par AC	Female Vet 55-	09:56.3	232
183	2:10:17	ELLEN, Emily	Hayle Runners	Female Vet 35-	09:56.6	104
184	2:10:25	GREGORY, Amy	Newquay Road Runners	Female under 35	09:57.2	129
185	2:10:37	NORTON, Gregg	St Austell Running Club	Male Vet 35-39	09:58.1	237
186	2:10:45	BARNFIELD, Marty	Bodmin Road Runners	Male Vet 45-49	09:58.7	28

187	2:10:47	BOUCHER, Richard	Hayle Runners	Male Vet 50-54	09:58.8	45
188	2:11:03	GRAHAM-BROWN, Annie		Female under 35	10:00.1	127
189	2:11:08	MOORE, Nick		Male Vet 55-59	10:00.4	223
190	2:11:15	FARR, Georgie	Storm Running Plymouth	Female under 35	10:01.0	110
191	2:11:26	PALMER, Kerstin		Female Vet 45-	10:01.8	244
192	2:11:42	TONKIN, Craig	Hayle Runners	Male Vet 45-49	10:03.0	308
193	2:12:02	HEARLE, Eve	Newquay Road Runners	Female Vet 35-	10:04.6	143
194	2:12:04	HARRISON-WEBB, Debbie	Hayle Runners	Female Vet 50-	10:04.7	140
195	2:12:04	WEBB, Sean	Hayle Runners	Male Vet 50-54	10:04.7	376
196	2:12:12	DRUMMOND, Andy		Male under 35	10:05.3	97
197	2:12:12	BOOTH, Colin		Male Vet 50-54	10:05.3	43
198	2:12:29	TALBOT, Hester	Vegan Runners	Male under 35	10:06.6	337
199	2:12:35	PETERS, Daisy		Female under 35	10:07.1	263
200	2:12:45	KENT, Mele	Newquay Road Runners	Female Vet 45-	10:07.9	312
201	2:14:22	IRWIN-BOWLER, Isabel	St Austell Running Club	Female under 35	10:15.3	164
202	2:14:55	BRANDLEY, Ed	Almost Athletes	Male Vet 40-44	10:17.8	46
203	2:14:57	HARPER, Kevan		Male Vet 35-39	10:17.9	137
204	2:14:57	PAYNE, Holly	St Austell Running Club	Female under 35	10:17.9	251
205	2:15:05	BUNGAY, Christian	Launceston Road Runners	Male Vet 35-39	10:18.5	61
206	2:15:12	WOOD, Susanne	Cornwall AC	Female Vet 40-	10:19.1	392
207	2:15:16	LANE, Lindsay	Erme Valley Harriers	Female Vet 40-	10:19.4	188
208	2:15:28	SPENCER, Katie	Truro Running Club	Female Vet 45-	10:20.3	323
209	2:16:03	BURROWS, Robert	Mounts Bay Harriers	Male Vet 65-69	10:23.0	62
210	2:16:24	DEKKERS, Jacobus		Male Vet 35-39	10:24.6	86
211	2:17:00	POLLARD, Simon		Male Vet 40-44	10:27.3	271
212	2:17:03	WARREN, Diane	Hayle Runners	Female Vet 65-	10:27.5	371
213	2:17:27	LEE, Trevor	Truro Running Club	Male Vet 55-59	10:29.4	192
214	2:17:51	WOOLLETT, Mandy	Looe Pioneers	Female Vet 45-	10:31.2	395
215	2:17:56	ROWE, Kirsty		Female Vet 50-	10:31.6	295
216	2:17:57	FORRISTAL, Jason	Lonely Goats RC	Male Vet 50-54	10:31.7	117
217	2:18:20	CSEHI, Kim	St Austell Running Club	Female Vet 35-	10:33.4	78
218	2:18:28	LANE, Richard	Erme Valley Harriers	Male Vet 50-54	10:34.0	187
219	2:18:29	PECKHAM, Keith		Male Vet 60-64	10:34.1	256
220	2:18:41	BARLOW, Claire	Bodmin Road Runners	Female Vet 45-	10:35.0	27
221	2:18:52	DRAPER, Martin	Quantock Harriers	Male Vet 60-64	10:35.9	93
222	2:19:02	ROSKILLY, Michelle	Hayle Runners	Female Vet 50-	10:36.6	155
223	2:19:03	BONAR, David	Hayle Runners	Male Vet 55-59	10:36.7	41
224	2:19:15	GUNTHER, Joline		Female under 35	10:37.6	130
225	2:19:17	DREW, Aimee		Female Vet 35-	10:37.8	96
226	2:19:21	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	10:38.1	343
227	2:19:49	TREBILCOCK, Alison		Female Vet 40-	10:40.2	348
228	2:19:51	SOLARZ, Jakub		Male Vet 35-39	10:40.4	318
229	2:19:51	SOLARZ, Joanna		Female Vet 35-	10:40.4	317
230	2:19:52	GOUGH, Anna		Female Vet 45-	10:40.4	125
231	2:19:54	BYE, Jamie		Female under 35	10:40.6	64
232	2:19:56	DAVEY, Tamzin	Cornwall AC	Female Vet 45-	10:40.7	81
233	2:20:18	PENHAUL, Antony	Mounts Bay Harriers	Male Vet 70-74	10:42.4	258
234	2:20:20	HAMPSHAW, Simon		Male Vet 45-49	10:42.6	134
235	2:20:32	BIRCH, Lisa	Bere Alston Trekkers	Female Vet 50-	10:43.5	35
236	2:20:33	MUNRO, Clare	Bere Alston Trekkers	Female Vet 40-	10:43.6	228
237	2:20:33	PAGE, Julie	Bere Alston Trekkers	Female Vet 45-	10:43.6	243
238	2:20:37	RYAN, Sarah		Female Vet 35-	10:43.9	299
239	2:20:44	KERNAGHAN, Robert	Looe Pioneers	Male Vet 45-49	10:44.4	178
240	2:21:12	DREW, Peter	Carn Runners	Male Vet 70-74	10:46.5	95
241	2:21:27	ROBERTS, Teresa	Tewkesbury R C	Female Vet 55-	10:47.7	287
242	2:21:30	RALPH, Helen	Tamar Trotters	Female Vet 55-	10:47.9	277
243	2:21:34	HILL, Sarah	Newquay Road Runners	Female Vet 45-	10:48.2	148
244	2:21:49	BLACKLAW, Karen		Female Vet 40-	10:49.4	36
245	2:22:36	BRODERICK, Richard	Bodmin Road Runners	Male Vet 55-59	10:53.0	49
246	2:22:40	DODDS, Nathan		Male under 35	10:53.3	89
247	2:23:00	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-	10:54.8	286
248	2:23:11	BROWN, Andrew	Truro Running Club	Male Vet 55-59	10:55.6	56
249	2:23:17	DUNNE, Emma	Plymouth Musketeers	Female Vet 40-	10:56.1	100

250	2:23:35	TURNER, Samantha	Plymouth Musketeers	Female Vet 50-	10:57.5	355
251	2:23:44	SABINE, Rhiannon		Female under 35	10:58.1	300
252	2:23:44	YEO, Elizabeth		Female under 35	10:58.1	399
253	2:23:44	PARKINSON, Niall		Male under 35	10:58.1	247
254	2:24:02	HEATHER, Lesly	Mile High	Female Vet 50-	10:59.5	144
255	2:24:05	PENNINGTON, David	Dumfries Running Club	Male Vet 60-64	10:59.8	259
256	2:24:14	EVANS, Des	Newquay Road Runners	Male Vet 70-74	11:00.4	108
257	2:24:14	WISE, Rebecca	Launceston Road Runners	Female Vet 40-	11:00.4	391
258	2:24:23	KNIGHT, Margaret		Female Vet 50-	11:01.1	185
259	2:24:24	EVANS, Dean		Male Vet 70-74	11:01.2	109
260	2:24:30	OXENHAM, Julie	Bodmin Road Runners	Female Vet 45-	11:01.7	242
261	2:24:47	VERRAN, Katrina	Bodmin Road Runners	Female Vet 40-	11:03.0	360
262	2:24:47	PARKER, Kerrie	Bodmin Road Runners	Female Vet 45-	11:03.0	246
263	2:24:57	JEWELS, Lucy	St Austell Running Club	Female Vet 45-	11:03.7	170
264	2:25:04	ASHTON, Debbie	Bere Alston Trekkers	Female Vet 45-	11:04.3	22
265	2:25:04	MAUNDER, Kathryn		Female Vet 45-	11:04.3	209
266	2:25:08	HOTTON, Thomas		Male Vet 55-59	11:04.6	154
267	2:25:18	ALLEN, Rebecca	Carn Runners	Female Vet 35-	11:05.3	9
268	2:25:18	HALLIDAY, Bryony	Cornwall AC	Female under 35	11:05.3	133
269	2:25:22	JAMES, Andrew		Male Vet 35-39	11:05.6	167
270	2:25:36	REEKS, Kayleigh	PB Running Club	Female under 35	11:06.7	282
271	2:25:38	OSBORNE, Barry	PB Running Club	Male Vet 45-49	11:06.8	241
272	2:26:15	WHEELER, Becky		Female Vet 50-	11:09.7	378
273	2:26:36	RILEY, Meredith		Male Vet 55-59	11:11.3	284
274	2:26:42	ROWE, Sam	Bys Vyken	Female Vet 50-	11:11.7	294
275	2:26:45	WILLSON, Richard	Truro Running Club	Male Vet 65-69	11:12.0	390
276	2:26:59	DREW, Barry	Carn Runners	Male Vet 70-74	11:13.0	94
277	2:27:20	DOUGLAS, Sarah	St Austell Running Club	Female Vet 35-	11:14.6	90
278	2:28:20	FORTH, Claire	Truro Running Club	Female Vet 40-	11:19.2	115
279	2:28:34	TRETHERWEY, Charlie	St Austell Running Club	Female Vet 40-	11:20.3	208
280	2:28:43	SPEAKE, Symons	St Austell Running Club	Female Vet 40-	11:21.0	320
281	2:28:44	KEATING, Merlin	St Austell Running Club	Male Vet 45-49	11:21.0	175
282	2:28:53	SMITH, Nicci		Female under 35	11:21.7	384
283	2:29:36	BROWN, Lorraine	Truro Running Club	Female Vet 45-	11:25.0	55
284	2:30:02	EMMETT, Nicola	Launceston Road Runners	Female Vet 40-	11:27.0	105
285	2:30:15	ROBERTS, Kate	St Austell Running Club	Female Vet 40-	11:28.0	285
286	2:30:19	WARRINGTON, Danny	PB Running Club	Male Vet 45-49	11:28.3	372
287	2:30:20	PURVIS, Liga		Female under 35	11:28.4	276
288	2:30:20	PURVIS, Loyd		Male Vet 45-49	11:28.4	275
289	2:30:22	LONG, Fran	Hayle Runners	Female Vet 60-	11:28.5	195
290	2:31:11	MACLAREN, Lesley	Lonely Goats RC	Female under 35	11:32.3	198
291	2:31:39	JACKSON, Steven	100 Marathon Club	Male Vet 60-64	11:34.4	165
292	2:32:11	BRYAN, Holly		Female under 35	11:36.8	59
293	2:32:12	BRYAN, Andy		Male Vet 55-59	11:36.9	58
294	2:32:12	COGGER, David		Male under 35	11:36.9	72
295	2:32:15	AGASCAR, Kate		Female Vet 60-	11:37.1	2
296	2:32:55	ANNEAR, Kayleigh		Female under 35	11:40.2	15
297	2:33:06	SPEAR, Melissa		Female under 35	11:41.0	322
298	2:33:22	HOLDING, Ruth	Mile High	Female Vet 55-	11:42.3	151
299	2:33:35	HINGSTON, Natasha	Bere Alston Trekkers	Female Vet 45-	11:43.3	150
300	2:33:35	HINGSTON, Shaun	Bere Alston Trekkers	Male Vet 40-44	11:43.3	149
301	2:34:27	PERRETT, Dan	Lonely Goats RC	Male Vet 45-49	11:47.2	262
302	2:34:47	MURRAY, Patrick		Male Vet 50-54	11:48.7	231
303	2:35:28	LEMEN, Mike	Tamar Trotters	Male Vet 60-64	11:51.9	194
304	2:35:45	VIEIRA, Paula	St Austell Running Club	Female Vet 40-	11:53.2	361
305	2:35:45	VIEIRA, Armando	St Austell Running Club	Male Vet 40-44	11:53.2	362
306	2:35:53	DENNIS, Jessica		Female under 35	11:53.8	87
307	2:36:40	STOCKLEY, Lisa	Carn Runners	Female Vet 45-	11:57.4	333
308	2:37:20	RUFENACHT, Georgia		Female under 35	12:00.4	297
309	2:37:20	STANTON, Mattie		Female under 35	12:00.4	329
310	2:37:26	PENNINGTON, Jane		Female Vet 60-	12:00.9	260
311	2:37:34	KING, Jeannette		Female Vet 45-	12:01.5	182
312	2:37:34	HEWITT, Julie		Female Vet 40-	12:01.5	146

313	2:37:39	HURLEY, Ian		Male Vet 40-44	12:01.9	160
314	2:38:26	FULLER, Lucy	St Petrocs Dragons Tri	Female under 35	12:05.5	119
315	2:38:31	WILLCOCKS, Robert	Falmouth Road Runners	Male Vet 60-64	12:05.8	381
316	2:38:33	MARSHALL, Keith	Falmouth Road Runners	Male Vet 70-74	12:06.0	205
317	2:38:58	LEDSHAM, Samuel	Kenilworth Runners	Female Vet 45-	12:07.9	191
318	2:39:55	MURRAY, Miranda		Female Vet 45-	12:12.3	230
319	2:40:07	SAUNDERS, Rachel	Sutton & District AC	Female Vet 50-	12:13.2	305
320	2:40:07	SAUNDERS, Richard		Male Vet 60-64	12:13.2	306
321	2:42:15	WILLCOX, Damon		Male Vet 50-54	12:22.9	382
322	2:42:23	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-	12:23.6	186
323	2:43:08	WELLS, Heather		Female Vet 50-	12:27.0	377
324	2:43:15	TAYLOR, Abbie	St Austell Running Club	Female under 35	12:27.5	339
325	2:43:15	GATES, Amy	St Austell Running Club	Female under 35	12:27.5	114
326	2:44:26	VINNICOMBE, Caroline	Cornwall AC	Female Vet 45-	12:32.9	363
327	2:44:26	MANKEE, Emma	Carn Runners	Female Vet 50-	12:32.9	200
328	2:44:26	UREN, Lisa	Carn Runners	Female Vet 40-	12:32.9	358
329	2:44:50	PASCOE, Peter	Carn Runners	Male Vet 55-59	12:34.8	250
330	2:46:30	STEPHENSON, Emma		Female under 35	12:42.4	332
331	2:47:11	DEEMING, Karen		Female Vet 50-	12:45.5	85
332	2:48:05	VAUGHAN, David	Carn Runners	Male Vet 35-39	12:49.7	359
333	2:49:45	WRAIGHT, Rachael		Female under 35	12:57.3	396
334	2:50:18	HATWELL, Claire	Lonely Goats RC	Female Vet 35-	12:59.8	141
335	2:50:34	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-	13:01.0	39
336	2:50:46	PASCOE, Mark	Tamar Trotters	Male Vet 50-54	13:01.9	380
337	2:50:59	BROOKS, Paula	Tamar Trotters	Female Vet 50-	13:02.9	52
338	2:51:01	TODD, Christine	St Austell Running Club	Female Vet 55-	13:03.1	314
339	2:52:54	NELSON, Sadie	PB Running Club	Female Vet 40-	13:11.7	235
340	2:56:52	MARSHALL, Terry	Falmouth Road Runners	Female Vet 70-	13:29.9	206
341	2:58:19	BOLT, Adrian	Truro Running Club	Male Vet 50-54	13:36.5	40