

Summer Turkey Trot 2022

Plac	Bib	Name	AG	Club	ChipTime	GunTime
1	126	Scott Greeves	Male 20-34	City of Norwich Athletics Club	0:20:12	0:20:12
2	187	Jacob Landers	Male 20-34	Tamar Trotters	0:20:14	0:20:15
3	221	Edward Mitchell	Male 15-19	Cornwall AC	0:20:37	0:20:37
4	290	Joshua Rowe	Male 20-34	Hayle Runners	0:21:00	0:21:00
5	230	Tom Morton	Male 20-34	Mile High	0:21:22	0:21:23
6	58	Zak Clemens	Male 15-19	Cornwall AC	0:21:36	0:21:36
7	74	James Cutlan	Male 35-39	Cornwall AC	0:21:40	0:21:41
8	391	Liam Rowe	Male 20-34	Cornwall AC	0:21:43	0:21:46
9	6	John McWilliams	Male 35-39	Mile High	0:21:48	0:21:49
10	384	Louis Ratcliffe	Male 15-19	Cornwall AC	0:21:56	0:21:57
11	200	Tom Luton	Male 20-34	Newquay Road Runners	0:22:03	0:22:03
12	275	Steve Reynolds	Male 35-39	Truro Running Club	0:22:08	0:22:09
13	171	Aidan Jepson	Male 40-44	Truro Running Club	0:22:13	0:22:15
14	302	Steven Sims	Male 20-34	East Cornwall Harriers	0:22:18	0:22:19
15	362	Paul Whear	Male 50-54	Cornwall AC	0:22:19	0:22:21
16	208	Andrew Martin	Male 40-44	Mile High	0:22:21	0:22:22
17	178	Jake Keast	Male 20-34	Truro Triathlon Club / The JK	0:22:25	0:22:27
18	76	Jacob Gardner	Male 20-34	Hayle Runners	0:22:30	0:22:31
19	238	Liam Nicholls	Male 20-34	Cornwall AC	0:22:30	0:22:33
20	250	Ross Pascoe	Male 20-34	Cornwall AC	0:22:34	0:22:35
21	243	Oliver Oldfield	Male 20-34	Tamar Trotters	0:22:38	0:22:39
22	396	Luke Attwood	Male 20-34	Tamar Trotters	0:22:46	0:22:49
23	383	Floyd Ratcliffe	Male 20-34	Mile High	0:22:49	0:22:51
24	130	Abhik Gupta	Male 20-34	Cornwall AC	0:22:53	0:22:54
25	144	Llewin Head	Male 15-19	Mile High	0:22:53	0:22:54
26	286	Darren Roose	Male 40-44	Newquay Road Runners	0:22:54	0:22:56
27	380	Tony Wright	Male 55-59	Cornwall AC	0:22:55	0:22:57
28	206	Alex Marples	Male 40-44	Truro Running Club	0:22:57	0:22:59
29	134	Richard Ham	Male 20-34	Tamar Trotters	0:22:59	0:23:01
30	232	Ryan Moyle	Male 45-49	Mile High	0:23:01	0:23:02
31	78	Joshua Davies	Male 20-34	Cornwall AC	0:23:02	0:23:03
32	287	Thomas Rosenfeld	Male 40-44	Hayle Runners	0:23:04	0:23:06
33	308	Paul Sole	Male 40-44	Cornwall AC	0:23:13	0:23:16
34	143	Neil Hayhurst	Male 40-44	Hayle Runners	0:23:25	0:23:26
35	395	John Scott	Male 55-59	Newquay Road Runners	0:23:27	0:23:28
36	113	Stephen Fuller	Male 55-59	Hayle Runners	0:23:29	0:23:30
37	182	Katie Knowles	Female 20-	Newquay Road Runners	0:23:30	0:23:31
38	269	Clive Ramsden	Male 45-49	Newquay Road Runners	0:23:35	0:23:37
39	179	Charlie Kemp	Male 20-34		0:23:49	0:23:53
40	115	Liam Gallantry	Male 20-34	Newquay & Par AC	0:23:52	0:23:54
41	11	Adrian Ball	Male 55-59	Cornwall AC	0:23:54	0:23:56
42	360	Jonathan Webb	Male 35-39	Cornwall AC	0:23:58	0:24:02
43	14	Peter Barnes	Male 35-39	Hayle Runners	0:24:02	0:24:03
44	139	Emily Harrison	Female 20-	Cornwall AC	0:24:06	0:24:09
45	345	Jonny Unwin	Male 20-34	Cornwall AC	0:24:08	0:24:11
46	213	Richard Martin	Male 35-39	St Austell Running Club	0:24:11	0:24:13
47	368	Simon Williams	Male 45-49	Newquay & Par AC	0:24:11	0:24:14
48	389	James Youlden	Male 40-44	St Austell Running Club	0:24:05	0:24:15

49	32	Crispin Brabner	Male 50-54	Tamar Trotters	0:24:20	0:24:22
50	227	David Moore	Male 50-54	Cornwall AC	0:24:22	0:24:24
51	184	Craig Knuckey	Male 50-54	Cornwall AC	0:24:23	0:24:25
52	259	Will Phillips	Male 20-34	Cornwall AC	0:24:25	0:24:26
53	25	Andrew Blizzard	Male 35-39	Truro Running Club	0:24:27	0:24:30
54	283	Matthew Robinson	Male 20-34	Cornwall AC	0:24:29	0:24:33
55	46	Neil Carter	Male 40-44	Newquay Road Runners	0:24:34	0:24:37
56	166	Kyran James	Male 15-19	Newquay & Par AC	0:24:38	0:24:40
57	318	Emma Stepto	Female 50-	Cornwall AC	0:24:39	0:24:41
58	53	Robert Chirgwin	Male 20-34	Truro Running Club	0:24:43	0:24:45
59	181	Mark Knight	Male 45-49	Newquay & Par AC	0:24:44	0:24:47
60	365	David Wilding	Male 45-49	Hayle Runners	0:24:45	0:24:47
61	212	Nick Martin	Male 60-64	Mile High	0:24:55	0:24:57
62	312	Robert Standing	Male 45-49	Truro Running Club	0:24:50	0:25:01
63	382	Jordon West	Male 20-34	Cornwall AC	0:24:54	0:25:05
64	107	Matt Fox	Male 20-34	Cornwall AC	0:25:04	0:25:09
65	307	John Sole	Male 40-44	Cornwall AC	0:25:08	0:25:11
66	242	Liam O'Neill	Male 20-34	Hayle Runners	0:25:09	0:25:13
67	299	Graham Simpson	Male 40-44		0:25:09	0:25:16
68	229	Zelah Morrall	Female 50-	Cornwall AC	0:25:13	0:25:17
69	214	Rachel McGovern	Female 20-	City of Norwich Athletics Club	0:25:16	0:25:19
70	119	Bethan Gay	Female 20-	Cornwall AC	0:25:20	0:25:22
71	249	Bradley Parsons	Male 20-34		0:25:27	0:25:28
72	313	Daniel Staples	Male 15-19	Cornwall AC	0:25:33	0:25:37
73	379	Kevin Woodley	Male 45-49		0:25:41	0:25:43
74	271	Carol Randall	Female 50-	Cornwall AC	0:25:43	0:25:46
75	20	Scott Abraham	Male 50-54	Hayle Runners	0:25:44	0:25:48
76	155	Sarah Hoskin	Female 35-	Mile High	0:25:49	0:25:53
77	85	Mike Dowrick	Male 50-54	Cornwall AC	0:25:50	0:25:54
78	306	Amy Sole	Female 35-	Cornwall AC	0:25:53	0:25:57
79	19	Joe Beer	Male 55-59	Hayle Runners	0:26:04	0:26:08
80	77	James Davies	Male 35-39	Truro Running Club	0:26:07	0:26:11
81	23	Matthew Berry	Male 45-49	Truro Running Club	0:26:11	0:26:14
82	132	Craig Hall	Male 45-49	Carn Runners	0:26:13	0:26:15
83	226	Roisin Mooney	Female 15-	Cornwall AC	0:26:22	0:26:27
84	354	Pete Walker	Male 35-39	Truro Running Club	0:26:27	0:26:31
85	260	Callum Pinch	Male 20-34	Truro Running Club	0:26:25	0:26:32
86	121	Rosie Gibbons	Female 40-	Cornwall AC	0:26:33	0:26:38
87	331	Jo Temple	Female 20-	Truro Running Club	0:26:37	0:26:40
88	47	Olivia Carthew	Female 20-	Newquay & Par AC	0:26:41	0:26:45
89	203	James Manning	Male 40-44	Hayle Runners	0:26:45	0:26:49
90	183	Simon Knowles	Male 45-49	Hayle Runners	0:26:46	0:26:50
91	390	Charlotte Tansley	Female 20-	Cornwall AC	0:26:50	0:26:53
92	146	Mathew	Male 20-34	St Austell Running Club	0:26:48	0:26:56
93	100	Steve Fenney	Male 60-64	Tamar Trotters	0:27:00	0:27:03
94	92	Kevin Edwards	Male 55-59	Tamar Trotters	0:27:01	0:27:05
95	255	Oliver Pendlington	Male 20-34	Newquay Road Runners	0:27:11	0:27:11
96	129	Ian Gronwalt	Male 55-59	PB Running Club	0:27:03	0:27:12
97	93	Jon Eldon	Male 60-64	Hayle Runners	0:27:12	0:27:15
98	202	Melodie Manners	Female 20-	Hayle Runners	0:27:11	0:27:16
99	18	Colin Bathe	Male 50-54	Truro Running Club	0:27:18	0:27:22
100	45	Adam Carlyon	Male 35-39	Truro Running Club	0:27:24	0:27:31

101	224	Aoife Mooney	Female 15-	Cornwall AC	0:27:31	0:27:36
102	151	Adrienne Hodge	Female 20-	Newquay Road Runners	0:27:33	0:27:37
103	385	Jason Bayly	Male 50-54		0:27:37	0:27:42
104	3	Paul Allan	Male 55-59	Hayle Runners	0:27:38	0:27:43
105	117	Stella Gardener	Female 35-	Newquay Road Runners	0:27:44	0:27:48
106	79	Glynn Davis	Male 55-59	Carn Runners	0:27:46	0:27:49
107	352	Iain Walker	Male 65-69	St Austell Running Club	0:27:45	0:27:52
108	197	Geoff Letchford	Male 70-74	Cornwall AC	0:27:58	0:27:58
109	367	Mark Williams	Male 55-59	Hayle Runners	0:27:53	0:27:58
110	231	Emma Mossop	Female 45-	Falmouth Road Runners	0:27:56	0:28:00
111	165	Andrew James	Male 40-44	Hayle Runners	0:27:59	0:28:04
112	163	Frazer Humbles	Male 35-39	Hayle Runners	0:28:00	0:28:05
113	91	Glynn Edwards	Male 20-34	Lonely Goat RC	0:28:00	0:28:10
114	346	Alice Vage	Female 20-	Cornwall AC	0:28:09	0:28:13
115	41	Ross Buscombe	Male 35-39	St Austell Running Club	0:28:10	0:28:18
116	316	Jenny Stephens	Female 20-	Cornwall AC	0:28:14	0:28:20
117	192	Ross Lawry	Male 45-49	St Austell Running Club	0:28:13	0:28:21
118	52	Chris Chirgwin	Male 35-39	Truro Running Club	0:28:18	0:28:22
119	49	Stephen Chan	Male 40-44	Truro Running Club	0:28:20	0:28:28
120	330	Ian Temple	Male 55-59	Bodmin Road Runners	0:28:24	0:28:33
121	240	Oli Nidds	Male 20-34	Carn Runners	0:28:28	0:28:33
122	177	Caitlin Keaney	Female 15-	Newquay & Par AC	0:28:33	0:28:37
123	22	Jonathan Berridge	Male 50-54	Truro Running Club	0:28:38	0:28:44
124	122	Jessie Gillam	Female 40-		0:28:43	0:28:47
125	291	Gavin Rutledge	Male 20-34	Hayle Runners	0:28:41	0:28:48
126	142	Debbie Harrison-	Female 50-	Hayle Runners	0:28:47	0:28:53
127	280	Stuart Richards	Male 45-49	St Austell Running Club	0:28:47	0:28:55
128	12	Luke Ball-Hymns	Male 20-34	Newquay Road Runners	0:28:53	0:28:55
129	387	Andrew Cassidy	Male 65-69		0:28:47	0:28:56
130	222	Helen Mitchell	Female 55-	Truro Running Club	0:28:52	0:28:57
131	73	Oisin Curtis	Male 35-39	Hayle Runners	0:28:55	0:28:59
132	147	Amanda Hewitt	Female 45-	Cornwall AC	0:28:54	0:29:00
133	54	Emma Clark	Female 35-	Looe Pioneers Running Club	0:29:00	0:29:04
134	35	Donal Breen	Male 50-54	Truro Running Club	0:28:56	0:29:07
135	10	Steve Baker	Male 60-64	Tamar Trotters	0:29:06	0:29:09
136	263	Tommy Polglase	Male 70-74	Carn Runners	0:29:10	0:29:16
137	170	Steven Jenkin	Male 50-54	Cornwall AC	0:29:13	0:29:21
138	80	Sharon Daw	Female 55-	East Cornwall Harriers	0:29:19	0:29:22
139	94	Beth Elkin	Female 15-	Hayle Runners	0:29:18	0:29:23
140	355	Karen Walters	Female 50-	Newquay Road Runners	0:29:22	0:29:27
141	95	Ashley Elliott	Female 20-	East Cornwall Harriers	0:29:21	0:29:27
142	4	Peter Allen	Male 65-69	Newquay Road Runners	0:29:19	0:29:29
143	141	Karen Harrison	Female 50-	Cornwall AC	0:29:31	0:29:36
144	342	Nigel Trevena	Male 50-54	Cornwall AC	0:29:29	0:29:38
145	253	Julia Pearce	Female 45-	Cornwall AC	0:29:34	0:29:42
146	136	Peter Hammond	Male 50-54	Cornwall AC	0:29:48	0:29:54
147	297	Kevin Silver	Male 55-59	Hayle Runners	0:29:49	0:29:56
148	333	Steven Thomas	Male 45-49	Carn Runners	0:29:51	0:29:57
149	247	Chris Parker	Male 50-54	Falmouth Road Runners	0:29:47	0:30:00
150	284	Laura Rogers	Female 35-	Cornwall AC	0:29:52	0:30:01
151	96	Andrew Ellis	Male 50-54	Hayle Runners	0:29:57	0:30:04
152	111	Harriet Frost	Female 20-	Newquay Road Runners	0:29:55	0:30:05

153	373	Matthew Wilson	Male 45-49	Cornwall AC	0:29:57	0:30:05
154	31	Andy Boon	Male 40-44	Truro Running Club	0:30:00	0:30:07
155	174	Ellen Jones	Female 20-	Cornwall AC	0:30:02	0:30:08
156	195	Ben Leach	Male 40-44	Mile High	0:30:02	0:30:09
157	145	Eve Hearle	Female 40-	Newquay Road Runners	0:30:06	0:30:11
158	300	Andrew Sims	Male 55-59	East Cornwall Harriers	0:29:57	0:30:14
159	164	Martin Hynes	Male 65-69	Launceston Road Runners	0:30:11	0:30:16
160	149	Zack Hill	Male 20-34	Cornwall AC	0:30:13	0:30:18
161	386	Ruth Glover	Female 20-	Cornwall AC	0:30:15	0:30:22
162	350	Gemma Vivian	Female 20-	Hayle Runners	0:30:18	0:30:23
163	375	Claire Winfield	Female 50-	Launceston Road Runners	0:30:27	0:30:33
164	267	Raymond Quinn	Male 45-49		0:30:19	0:30:34
165	185	Michael Lackey	Male 50-54	Newquay Road Runners	0:30:30	0:30:42
166	68	Michael Counter	Male 55-59	St Austell Running Club	0:30:38	0:30:46
167	61	Andrea Commons	Female 50-		0:30:40	0:30:52
168	303	Alfie Slater	Male 15-19	Truro Running Club	0:30:49	0:30:53
169	220	Debbie Mitchell	Female 45-	Hayle Runners	0:30:51	0:30:57
170	329	Alison Temple	Female 55-	Bodmin Road Runners	0:30:55	0:31:04
171	120	Corinne Gerrard	Female 50-	Hayle Runners	0:31:11	0:31:17
172	150	Matt Hills	Male 40-44	Newquay Road Runners	0:31:01	0:31:18
173	327	Lisa Talling	Female 50-	Newquay Road Runners	0:31:07	0:31:18
174	326	Glyn Talling	Male 50-54	Newquay Road Runners	0:31:07	0:31:19
175	320	Natasha Stevens	Female 45-	Bodmin Women's RC	0:31:12	0:31:19
176	172	Philip Johns	Male 20-34	Hayle Runners	0:31:12	0:31:19
177	397	James Barry	Male 55-59	Cornwall AC	0:31:10	0:31:20
178	293	Jessica Scott	Female 20-	Newquay Road Runners	0:31:11	0:31:22
179	97	Eleanor Ellison	Female 65-	Newquay Road Runners	0:31:28	0:31:28
180	347	Craig Varcoe	Male 20-34		0:31:23	0:31:29
181	137	Darren Hardwick	Male 55-59	Looe Pioneers Running Club	0:31:21	0:31:29
182	376	Neville Witham	Male 65-69	Cornwall AC	0:31:28	0:31:38
183	188	Tristan Lang	Male 45-49	Truro Running Club	0:31:33	0:31:40
184	101	Emma Figures	Female 35-	Truro Running Club	0:31:31	0:31:42
185	9	Lauren Bailey	Female 35-	Truro Running Club	0:31:34	0:31:45
186	254	Olivia Pellowe	Female 45-	Carn Runners	0:31:38	0:31:47
187	159	Simon Howard	Male 45-49	Newquay Road Runners	0:31:49	0:32:01
188	239	Tracey Nicholls	Female 55-	Cornwall AC	0:31:57	0:32:04
189	44	Martha Carlisle	Female 20-	Cornwall AC	0:31:58	0:32:04
190	205	Joanna	Female 40-	Cornwall AC	0:32:06	0:32:06
191	60	Richard Collett	Male 35-39	Hayle Runners	0:32:00	0:32:07
192	358	Mandy Watts	Female 50-	Newquay Road Runners	0:32:07	0:32:14
193	339	Liz Trebilcock	Female 55-	Truro Running Club	0:32:10	0:32:17
194	161	Tom Howard	Male 20-34	Falmouth Road Runners	0:32:09	0:32:19
195	366	Sarah Wilkinson	Female 60-	Newquay Road Runners	0:32:17	0:32:24
196	317	Brett Stepto	Male 45-49	Cornwall AC	0:32:30	0:32:30
197	357	Diane Warren	Female 65-	Hayle Runners	0:32:26	0:32:34
198	128	Marlene Grobler	Female 40-	Carn Runners	0:32:38	0:32:47
199	311	Calypso Squibb	Female 20-	Cornwall AC	0:32:49	0:32:59
200	17	Satnam Basram	Male 60-64	Cornwall AC	0:32:53	0:33:03
201	223	Jon Mitchell	Male 50-54	Cornwall AC	0:32:56	0:33:07
202	28	Daisy Booker	Female 20-	Falmouth Road Runners	0:32:54	0:33:07
203	285	Alison Roose	Female 45-	Newquay Road Runners	0:33:00	0:33:10
204	278	Nick Richards	Male 50-54	Cornwall AC	0:32:58	0:33:10

205	257	Chunky (Antony)	Male 75-79	Hayle Runners	0:33:13	0:33:21
206	246	Claire Palmer	Female 40-	Truro Running Club	0:33:09	0:33:23
207	262	Lisa Player	Female 60-	Newquay Road Runners	0:33:20	0:33:27
208	81	Justin Dicken	Male 45-49	Cornwall AC	0:33:30	0:33:32
209	279	Sally Richards	Female 45-	Clevedon AC	0:33:25	0:33:32
210	196	Trevor Lee	Male 60-64	Truro Running Club	0:33:31	0:33:38
211	225	Judith Mooney	Female 50-		0:33:25	0:33:39
212	175	Simon Jones	Male 45-49		0:33:23	0:33:40
213	114	Keith Gale	Male 50-54		0:33:23	0:33:41
214	133	Neil Ham	Male 55-59	JP Fitness Cornwall	0:33:36	0:33:47
215	274	Fiona Renfree	Female 55-	Tamar Trotters	0:33:40	0:33:50
216	116	Fiona Gamble	Female 35-	Hayle Runners	0:33:54	0:34:01
217	270	Christopher	Male 70-74	Truro Running Club	0:33:49	0:34:02
218	364	David Wilcox	Male 45-49	Truro Running Club	0:34:01	0:34:11
219	125	Ralph Graves	Male 45-49	Truro Running Club	0:33:46	0:34:13
220	289	Mary Rossetti	Female 40-	Truro Running Club	0:34:14	0:34:26
221	71	Jonathan Crowle	Male 50-54	Truro Running Club	0:34:23	0:34:27
222	16	Joanne Barry	Female 45-	JP Fitness Cornwall	0:34:19	0:34:30
223	38	Katie Bullock	Female 35-	Newquay Road Runners	0:34:22	0:34:33
224	216	Tracy Mckenzie	Female 40-	Newquay Road Runners	0:34:24	0:34:34
225	160	Tiffany Howard	Female 20-	Cornwall AC	0:34:23	0:34:37
226	42	Chris Campbell	Male 50-54	Hayle Runners	0:34:28	0:34:40
227	199	Maisy Luke	Female 15-	Cornwall AC	0:34:39	0:34:40
228	66	Trevor Cornish	Male 55-59	Hayle Runners	0:34:43	0:34:49
229	135	Norbert Hamacher	Male 60-64	Truro Running Club	0:34:36	0:34:50
230	288	Michelle Roskilly	Female 50-	Hayle Runners	0:34:48	0:34:57
231	104	Michelle Fitt	Female 40-	Bys Vyken Race Team	0:34:48	0:34:57
232	37	Jennifer Buckland	Female 50-	Hayle Runners	0:34:47	0:34:59
233	394	Tamzin Davey	Female 50-	Cornwall AC	0:34:58	0:35:07
234	83	Becky Hopwood	Female 20-	Truro Running Club	0:34:51	0:35:09
235	388	Peter Sargent	Male 75-79	South West Vets A.C.	0:35:06	0:35:10
236	89	Ben Dutton	Male 20-34		0:34:50	0:35:11
237	13	John Barnes	Male 60-64	Launceston Road Runners	0:35:02	0:35:14
238	82	Helen Dodwell	Female 45-	Truro Running Club	0:35:04	0:35:17
239	169	Richard Jenkin	Male 75-79	Cornwall AC	0:35:11	0:35:19
240	209	Colin Martin	Male 65-69	Newquay Road Runners	0:35:10	0:35:23
241	319	Kate Stevens	Female 45-	St Austell Running Club	0:35:17	0:35:31
242	282	Janet Ritchie	Female 60-	Carn Runners	0:35:25	0:35:34
243	154	Ashley Holt	Female 20-	Carn Runners	0:35:28	0:35:37
244	321	Juliet Stewart	Female 55-	Truro Running Club	0:35:29	0:35:43
245	21	Amanda Berridge	Female 40-	Truro Running Club	0:35:37	0:35:50
246	64	Louise Cooke-	Female 50-	Newquay Road Runners	0:35:37	0:35:58
247	248	Karen Parker	Female 55-	Falmouth Road Runners	0:35:48	0:36:08
248	86	Peter Drew	Male 70-74	Carn Runners	0:36:23	0:36:30
249	70	Caroline Cross	Female 20-	Cornwall AC	0:36:31	0:36:37
250	98	Des Evans	Male 70-74	Newquay Road Runners	0:36:33	0:36:43
251	332	Owen Hodge	Male 20-34		0:36:31	0:36:46
252	30	Sarah Booker	Female 50-	Falmouth Road Runners	0:36:33	0:36:51
253	127	Ian Grimes	Male 70-74	Launceston Road Runners	0:36:45	0:36:58
254	191	Emma Lawry	Female 45-	St Austell Running Club	0:36:43	0:36:59
255	392	Nigel Knuckey	Male 65-69	Truro Running Club	0:36:54	0:37:08
256	218	Clare Mclellan	Female 45-		0:37:01	0:37:13

257	62	Damian Cook	Male 50-54	Bys Vyken Race Team	0:37:00	0:37:14
258	251	Morwenna	Female 45-	JP Fitness Cornwall	0:37:03	0:37:15
259	340	Michael Tregenna	Male 20-34		0:37:02	0:37:17
260	363	Demelza	Female 40-	Carn Runners	0:37:12	0:37:20
261	8	Ruth Avery	Female 45-	JP Fitness Cornwall	0:37:10	0:37:22
262	124	Jamie Gore	Female 35-	Hayle Runners	0:37:15	0:37:27
263	55	Margaret Clark	Female 60-	Hayle Runners	0:37:26	0:37:38
264	63	Izzy Cook	Female 15-	Bys Vyken Race Team	0:37:28	0:37:42
265	65	Becky Cooke-	Female 45-		0:37:30	0:37:43
266	207	Kathryn Marsh	Female 45-	Carn Runners	0:37:37	0:37:45
267	301	Karen Sims	Female 55-	East Cornwall Harriers	0:37:28	0:37:46
268	336	Linda Tout	Female 70-	Tamar Trotters	0:37:37	0:37:47
269	56	Theresa Clark	Female 55-	Hayle Runners	0:37:44	0:37:57
270	75	James Danks	Male 40-44	Falmouth Road Runners	0:37:50	0:38:09
271	296	Rebecca Shore	Female 50-	St Austell Running Club	0:37:58	0:38:13
272	131	Tom Hackman	Male 70-74	Newquay Road Runners	0:37:57	0:38:14
273	112	Theresa Frost	Female 65-	Newquay Road Runners	0:38:00	0:38:16
274	266	Nikki Pritchard	Female 40-	East Cornwall Harriers	0:38:00	0:38:18
275	99	Samantha Ewart	Female 45-	St Austell Running Club	0:38:07	0:38:21
276	40	Nigel Burrell	Male 50-54		0:38:13	0:38:24
277	272	Jacquie Rapier	Female 60-	Falmouth Road Runners	0:38:11	0:38:30
278	343	Jeanette Turpin	Female 45-	East Cornwall Harriers	0:38:13	0:38:31
279	189	Janet Lathom	Female 65-	Launceston Road Runners	0:38:23	0:38:35
280	152	Julie Hogan	Female 55-		0:38:33	0:38:51
281	34	Alan Brandwood	Male 70-74	Falmouth Road Runners	0:38:36	0:38:54
282	261	Garry Player	Male 55-59	Newquay Road Runners	0:38:50	0:38:56
283	374	David Wilton	Male 65-69	Falmouth Road Runners	0:38:56	0:39:14
284	281	Ian Ringer	Male 75-79	Bodmin Road Runners	0:39:07	0:39:18
285	193	Jennifer Lawson	Female 55-	Newquay Road Runners	0:39:11	0:39:25
286	140	Michaela Harrison	Female 45-	Plymouth Harriers	0:39:14	0:39:29
287	69	Kate Crehan	Female 40-	Hayle Runners	0:39:16	0:39:31
288	315	Sarah Steed	Female 45-	East Cornwall Harriers	0:39:25	0:39:43
289	167	Judy Jameson	Female 60-	Carn Runners	0:39:38	0:39:47
290	201	Tracey Mackellar	Female 45-	Newquay Road Runners	0:39:35	0:39:54
291	337	Stewart Townend	Male 75-79	Hayle Runners	0:40:12	0:40:29
292	33	Ann Bradley	Female 60-	St Austell Running Club	0:40:28	0:40:43
293	176	Duncan Kane	Male 60-64		0:40:28	0:40:45
294	356	Karen Warner	Female 55-	Newquay Road Runners	0:40:36	0:40:53
295	328	Lesley Taphouse	Female 60-	Bodmin Road Runners	0:40:54	0:41:08
296	235	Jane Naylor	Female 60-	Hayle Runners	0:40:59	0:41:12
297	292	Kathy Saunders	Female 65-	Looe Pioneers Running Club	0:41:01	0:41:17
298	237	Roy Newton	Male 75-79	Falmouth Road Runners	0:41:01	0:41:21
299	369	Debbie Gossington	Female 50-	Hayle Runners	0:41:10	0:41:23
300	90	Christine Edwards	Female 45-		0:41:26	0:41:26
301	245	Gillian Onley	Female 55-	Cornwall AC	0:41:33	0:41:38
302	252	Claire Payne	Female 50-	Carn Runners	0:41:40	0:41:49
303	168	Jacqueline Jenkin	Female 75-	Cornwall AC	0:41:45	0:41:53
304	219	Peter Middleton	Male 65-69	St Austell Running Club	0:41:45	0:42:02
305	105	Sally Fletcher	Female 55-	St Austell Running Club	0:41:50	0:42:06
306	258	Jane Pett	Female 45-	JP Fitness Cornwall	0:41:58	0:42:10
307	335	Christine Todd	Female 60-	St Austell Running Club	0:41:57	0:42:13
308	371	Wendy Williams	Female 60-	JP Fitness Cornwall	0:42:02	0:42:14

309	323	Claire Stone	Female 35-	Hayle Runners	0:41:49	0:42:16
310	84	Kathran Dormer	Female 70-	Falmouth Road Runners	0:42:05	0:42:22
311	378	Michael Wooding	Male 75-79	Newquay Road Runners	0:42:05	0:42:23
312	173	Sarah Johns	Female 40-	Hayle Runners	0:42:16	0:42:31
313	256	James Penhaligon	Male 35-39	Newquay Road Runners	0:42:26	0:42:44
314	351	Margaret Wade	Female 70-	Carn Runners	0:42:37	0:42:46
315	338	Jeanette Toy	Female 50-	Carn Runners	0:42:37	0:42:47
316	324	Jackie Stone	Female 55-	Hayle Runners	0:42:35	0:42:51
317	236	Steven Naylor	Male 60-64	Hayle Runners	0:42:29	0:42:53
318	393	Helen Staples	Female 45-	Carn Runners	0:42:41	0:43:02
319	26	Julie Bolitho	Female 55-	Hayle Runners	0:42:57	0:43:07
320	153	Lorna Hogg	Female 50-	St Austell Running Club	0:43:05	0:43:20
321	334	Susan Thomas	Female 45-	Hayle Runners	0:43:25	0:43:37
322	29	Jeremy Booker	Male 50-54	Falmouth Road Runners	0:43:19	0:43:39
323	50	Jackie Chapman	Female 55-	Launceston Road Runners	0:43:28	0:43:46
324	349	Greta Viertel	Female 20-	Lonely Goat RC	0:43:32	0:43:54
325	305	Talitha	Female 35-		0:43:37	0:43:59
326	204	James Manthorp	Male 20-34		0:43:37	0:43:59
327	87	Michelle Dunn	Female 35-	St Austell Running Club	0:43:49	0:44:05
328	186	Christina Lake	Female 60-	Falmouth Road Runners	0:43:52	0:44:11
329	294	Amy Shackelford	Female 35-	Bys Vyken Race Team	0:44:02	0:44:16
330	344	Angela Tyson	Female 45-	Newquay Road Runners	0:44:24	0:44:43
331	211	Jacqui Martin	Female 50-	St Austell Running Club	0:44:42	0:44:57
332	27	Robert Bolitho	Male 60-64	Hayle Runners	0:44:50	0:45:01
333	39	Dennis Burrell	Male 75-79	Carn Runners	0:44:51	0:45:02
334	48	Helen Cattran	Female 55-	Hayle Runners	0:45:33	0:45:46
335	88	Susan Durrant	Female 50-	Hayle Runners	0:45:38	0:45:50
336	106	Zoë Ford	Female 40-	Hayle Runners	0:45:38	0:45:50
337	43	Timothea Cardell	Female 80+	Hayle Runners	0:45:34	0:45:53
338	298	Ruth Simmons	Female 50-	St Austell Running Club	0:45:43	0:45:57
339	348	Lisa Vercoe	Female 50-	St Austell Running Club	0:46:28	0:46:43
340	381	Angela Yates	Female 65-	St Austell Running Club	0:46:52	0:47:12
341	341	Catherine Trerise	Female 50-	Cornwall AC	0:46:54	0:47:15
342	268	Tracey Radley	Female 50-	Carn Runners	0:46:54	0:47:15
343	295	Sandra Shelley	Female 55-	Carn Runners	0:46:55	0:47:15
344	372	Janet Wills	Female 70-	St Austell Running Club	0:47:24	0:47:44
345	123	Amanda Gore	Female 60-	Hayle Runners	0:47:41	0:47:54
346	158	Sarah Howard	Female 50-	Cornwall AC	0:48:09	0:48:26
347	304	Kirstie Slater	Female 45-	Truro Running Club	0:49:09	0:49:22
348	190	Steve Lawrence	Male 65-69	Falmouth Road Runners	0:49:12	0:49:33
349	156	Abbie Howard	Female 20-		0:50:02	0:50:18
350	118	David Garrard	Male 75-79	Falmouth Road Runners	0:51:12	0:51:33
351	24	Madeleine Blight	Female 65-	St Austell Running Club	0:51:23	0:51:44
352	180	Norris Kington	Male 80+	Cornwall AC	0:52:30	0:52:47
353	59	Sue Coates	Female 45-	Bys Vyken Race Team	0:53:18	0:53:33
354	103	Janice Fisher	Female 70-	Cornwall AC	1:22:16	1:22:23

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